



## Dress & Changing Policy

### Staff

Staff will set an example by wearing appropriate footwear and removing potentially dangerous jewellery. Clothing must allow ease of movement so that the teacher can work with the children and also quickly get to a child who may require assistance.

### Children

- EYFS and KS1 children will change for PE in their class rooms altogether.
- KS2 children will change in separate areas.

### Sportswear

All sports kit needs to in school every day in a labelled P.E. bag.

Shirt	Plain white polo
<b>Sweatshirt</b>	<b>Navy round neck with 'Proud to Belong' logo (optional)</b>
Joggers	Navy (optional)
<b>Shorts</b>	<b>Navy blue</b>
Socks	Plain navy blue (optional but essential for teams)
Footwear	Black or white plain trainers (suitable for netball, football etc.)
<b>PE bag</b>	<b>Navy blue with logo (optional)</b>
<b>Bell Farm sun hat*/**</b>	<b>Navy blue with logo - worn on school visits, residential trips and must be worn outdoors in the playground/field during the summer months.</b>

### **ALL PE KIT MUST BE NAMED**

Long hair will be tied back and hard bobbles or headbands will be removed.

All jewellery **should** be removed, this includes earrings, necklaces, watches, Fitbits etc. If possible children should not wear earrings on the day of PE, otherwise children will be responsible for removing their own earrings. Staff members at Bell Farm will not attempt to remove earrings. Where earrings are not able to be taken out, children should cover them with plaster tape to lessen the risk of unintentional damage to the ear. *This policy is in line with the Association for Physical Education Health and Safety Policy Update 2017.*

### Footwear

1. Barefoot for activities in the hall or the gym.
2. Outdoor training shoes for PE outside. Children should be allowed to wear clothing appropriate for the weather, activity and time of year. The children should be made aware of what is suitable clothing for PE and why.

Children should be asked to take their PE kits home for regular washing. Health and hygiene issues, regarding changing clothes for PE and washing PE kits regularly, should be discussed with children.

If children forget kit or have inappropriate kit a letter is sent to parents. If a child forgets their kit or has inappropriate kit for more than 2 consecutive weeks, the Year Leader and PE Lead are informed.

## **Swimming**

- It is not appropriate for school swimmers to share changing facilities with members of the public (unless this has been carefully risk assessed). Children should either change in group changing facilities or individual changing areas.
- As far as possible, members of staff should supervise or assist pupils of the same sex.
- If changing areas are shared with pupils from another school, particularly those who are older/younger, adults from both/all schools should take this into consideration and properly risk assess together.